How Do We Not Get Coronavirus? April 11, 2020

Qing Fei was going to visit a friend but was told not to as his friend was sick, and he was told that there was some new disease from which people can get very sick. He called his friend and his friend said that his family had gone to another city to get away from his sickness, but he was feeling worse and thought that he should go to the hospital to be seen but he did not feel good enough to drive himself. Qing Fei told him that he could take him and would come to his house to take him to the hospital. Qing Fei also knew a doctor at the hospital and called him and his doctor friend told him where to come when he arrived but to also wear a mask. This bothered Qing Fei, but he did as his friend said and bought two masks, one for himself and one for his friend.

On arriving at the hospital Qing Fei found his doctor friend. Qing Fei's friend told him that he had been sick for a week with a cold and the doctor found out he had fever, a cough and shortness of breath. Then his doctor friend asked his friend if he had been around anyone with this new virus called Coronavirus. Qing Fei's friend said he did not know what he was talking about. Qing Fei said the same thing. What is the Coronavirus, which everyone seems to be talking about?

Qing Fei's doctor friend said that this virus was not completely new in that it is similar to the SARS virus from 2003 but different in that it acted differently as it seemed to have two properties the SARS virus did not have. First, people can have the virus it seems for 14 days but have no symptoms and thus shed it to others without knowing it. Second, it seems that there are a large number of those who get sick that can get really sick and have to be on hospital ventilators and many of the ventilated patients seem to die. Qing Fei was really scared and asked how to avoid getting this scary and seemingly lethal virus.

Qing Fei's doctor friend told that first they need to get his sick friend taken care of and then he will answer the question. The first point action is to get his friend a Coronavirus test to see if his friend really does have the infection or not. The test was ordered, and Qing Fei's doctor friend told his sick friend where to go to get the testing and told Qing Fei to remain with him. So, his friend left to get the testing while Qing Fei staying with his doctor friend who started to answer his question.

Qing Fei's doctor friend told him that the most common way people get the infection is for people who are sick with the virus to cough on others. The droplets from the cough are loaded with the virus and others then inhale through their nose or mouth the virus and get sick. Though probably all in contact don't get sick but a lot seem to get sick. So, the sick wearing masks is important so as not to spread the virus. Second, is hand washing, which is very important in prevention both for those with and those not with the virus. Alcohol based hand cleaning solutions kill the virus quickly or soap and water for 30 seconds kill the virus. The virus is not actually that hearty out of humans. Thus, regularly hand washing through the day is very helpful.

Qing Fei asked about masks for the those who are not sick or at least don't know that they are sick. Though most wear masks this point is not clear but at least those who have the virus and don't know it will not spread the virus as quickly. For the those without the virus masks can keep them from touching their mouths and nose with their hands.

Qing Fei asked about wearing gloves. His doctor friend said they can be helpful but if you touch places and then touch your nose or mouth that is not different than not wearing gloves, so gloves are fine, but you need to be careful with them as well. Qing Fei then asked about his doctor's fear in the hospital of getting this Coronavirus and then dying as he had a wife and a 4-year-old daughter. Qing Fei's doctor certainly was concerned but he said there were several responses he had to this question. The answers are first that he believed that his ultimate hope was not in science or man as even with this new virus many people died, but his ultimate hope was in the person of Jesus Christ. Qing Fei asked who this was as he had heard of the name before but did not know much about this person. Qing Fei's doctor said that Jesus Christ was the Creator of the world and holds all things together. Plus, Jesus Christ wants him as a father to continue to provide for his family as he is doing now. Furthermore, said Qing Fei's doctor Jesus Christ told the story of the Good Samaritan who was a man who went way out of his way to help someone very sick and put his life in danger to help this man and we are told to be like that Good Samaritan.

Just then though Qing Fei's friend returned and said that they did an immediate test of his Coronavirus and that he did have the infection. Qing Fei's friend was very distraught by the results and asked if he would die? Qing Fei's doctor friend said that his friend is over a week into the infection and often at day ten or so people can get really sick or get better so his friend is close to that but what they could do is a chest x-ray to see if he had pneumonia, which would help give some direction on his care now. Qing Fei's friend thought this was a good idea, so a chest x-ray was ordered, and he went off to do the x-ray and to come back when the x-ray was finished.

Qing Fei told his doctor friend this was very disturbing because he could have gotten the infection from his friend. Though this was true his interaction was limited and thus his risk was low. Qing Fei's doctor friend asked him if they both had masks on from the time they meet today, and had they touched each other since meeting today and Qing Fei said yes, they had masks on since they met and no they had not touched each other. Qing Fei's doctor friend told him that since this was the case his risk was low as they had not seen each other for over a month anyways. The key was keeping the masks on around sick people and washing your hands.

Qing Fei's doctor went onto say that once he arrives at home, he should take all of his clothes off at the door, take a shower, put clean clothes on and then wash those clothes immediately so he will not re touch them. This is because at this hospital he has been around many more potential patients with the new Coronavirus. Also, to stay at home as much as he can and not be around other people, which though hard is the best thing to do.

Qing Fei asked his doctor friend again about this story of the Good Samaritan and where this nice story came from. His doctor friend told him that this story was from the Bible and the story was written by a Doctor Luke about 2,000 years ago. This particular story was told by Jesus because a lawyer asked Jesus how to have eternal life and the telling of this story was part of that answer. The first part of the answer was to love God with your whole heart, strength and might. Qing Fei thought that this sounded nice, but he was not sure a God even existed much less someone to love. However, his doctor friend went on to say that the key is having eternal life and not eternal death, which not just the Coronavirus but many things can cause death. In fact, his doctor friend went on to say that the Bible says that, 'it is appointed to man to die and then to face the judgement.'

Qing Fei was interested in this eternal life as he had always wondered if there was more to life than hell, which some taught or nothingness, which others taught. His doctor friend said him that 'God had put the concept of eternal life into all men's hearts.' Qing Fei told his doctor friend that he really did think this was truth. However, his doctor friend told him that knowing about and having eternal life are two different things. Qing Fei asked his doctor friend if he could get eternal life by being like the Good Samaritan? His doctor friend said that is a result of being a believer in Jesus Christ not the cause or obtaining eternal life. Qing Fei's doctor friend said that to have eternal life we must believe in what Jesus Christ has done for us, which allows us to have this eternal life. Qing Fei asked his doctor friend what was it that Jesus Christ did for us that allowed us to have eternal life?

His doctor friend said that this is based on faith or believing that Jesus Christ is our Lord, that is he is the only one we worship, we believe that he both created and sustains the current world. Further, that we believe that Jesus Christ died for our sins on the Cross and was buried and three days later was resurrected from the dead and still lives in heaven with God. Qing Fei asked what sin is as he had heard of this word but not fully understand it. His doctor friend told him that sin is going against God as revealed in his Word, which is the Bible. However, he also said we all have a conscience, which tells us wrongs we have done, and we all know these times and that is also sin. Qing Fei knew for sure he had violated his conscience and never like those times. Qing Fei's doctor friend told him that to deal with our sin and our consciences Jesus died on the Cross for those sins in our place so that God, who does not tolerate sin, will not punish us for those sins. Qing Fei was beginning to be glad to know of Jesus and that there was a solution for his wrong doings and that there is a solution for them and that he could be rescued from them.

Qing Fei asked his doctor friend how he could be saved from his sins. His doctor friend responded that we are saved by God's grace, which is his unmerited favor towards us, that is that we did not deserve God's forgiveness through Jesus Christ. Further, that salvation is through faith and not works or anything we can do. That is our salvation is by believing in what Jesus has done for us. Qing Fei wanted to believe in Jesus Christ for his salvation. His doctor friend asked him to pray to God and really mean what he prayed. He asked him to pray after him. Qing Fei prayed, 'Dear Jesus, I know that you are my Lord, you created the world and me. I know that I am a sinner and only deserve eternal death and not eternal life. I believe and thank

you that you died on the Cross for my sins and took them away from me forever and that you were buried for three days and then were resurrected with a new body and now live forever with your Father in heaven.'

Qing Fei felt a sense of both relief but a peace and calm he never had before. He was not seeing the Coronavirus as the ultimate enemy now that he had eternal life with Jesus Christ from now and forevermore.

Just then Qing Fei's friend returned and told them that his chest x-ray was normal, and this was good news. Qing Fei, his doctor friend and his friend were all relieved. Qing Fei's doctor friend told them to both go home and for his friend to stay away from all other people for two weeks, drink a lot of fluid and eat well and let anyone that he has been around in the past three weeks that he does have the Coronavirus. Also, his doctor friend told Qing Fei that is was important for him to probably not be around other people for two weeks as he was exposed, though low risk, to someone with the Coronavirus so if they developed symptoms they could be checked out. Also, to try and be away from his family at home as much as possible for the next wo weeks.

Qing Fei left the hospital with his friend rejoicing that his friend did not have pneumonia but also that he had a new life in Jesus Christ and that through that life he had eternal life both now and forever.